



STG U5-U8: 2021, 2020, 2019 & 2018 birthyears

➤ **Program Cost**

- **\$135** for the **2025-2026 Season**
 - Two 8-week training cycles: about 16 one-hour training sessions total
 - Pre-Academy training kit is required & includes a jersey, shorts & a pair of socks for a one-time charge of \$40.

➤ **Season Format**

- Two 8-week training cycles
 - ***One training session per week (Mon: times TBD)***
 - **Summer/Fall:** September - October
 - Mid-Season Break: November - January
 - *Pre-Academy Jamboree: Optional (Feb)*
 - **Winter/Spring:** March - April

Please direct questions to:
Karina Johnson
St George Pre-Academy Coordinator
karinajohnson88@gmail.com
Matt Brown
Head of Pre Academy
matt.brown@7eliteacademy.com